Quiet Time…

 Quiet Mind

**Do your kids need to “disconnect”**

 **from technology?**

**Drop in for Quiet Activities like Reading, Writing, Colouring or Homework.**

 **Bring a yoga mat or your Daydreams!**

 **TUESDAYS**

**SEPTEMBER 19th, 21st, 26th and 28th, 2017**

**3:45 – 5:00pm**

**Ages 6 -12yrs.**

|  **St. Clair/Silverthorn Library** **1748 St. Clair Ave W. M6N 1J3 416-393-7709** |
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